



Information for Children





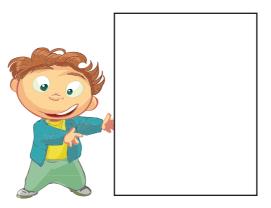
The adults around you were worried about you

They took you to see the doctor

The doctor sent you for a meeting with us OR The doctor sent us a letter about you

We think that you might like our Family Wellness Project

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Hi my name is.....

I am a Child and Family Support Worker with the **Family** Wellness Project.

I am coming to meet with you and your family to talk about how you are feeling. We can also talk about anything that you might be worried about.

I will try and help you and your family to come up with ideas on how to make you feel better.

I will try to answer any questions you might have about my work when we first meet. The adults around you will then decide if there will be more meetings.

I look forward to meeting you.

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See you soon :-)
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After reading this leaflet you may have some questions.

You can use this page to write down your questions or make a drawing about how you are feeling.

You can then ask me your questions or show me your picture when we meet.

