WE WORK WITH **YOUNG PEOPLE** AGED 13-20, WHO ARE DUE TO LEAVE, **OR HAVE JUST LEFT,** POLICE CUSTODY. A **WORKER FROM THE** LINKED-IN PROJECT **CAN PROVIDE YOUNG PEOPLE** WITH ANY GUIDANCE AND SIGNPOSTING SUPPORT THEY **MIGHT NEED.**

THE CRIMINAL JUSTICE SYSTEM -HOMELESSNESS – ALCOHOL É DRUGS - BAIL CONDITIONS - STRESS -BENEFITS – JUST SOMEONE TO TALK TO – DEBT – RELATIONSHIPS – STAYING OUT OF TROUBLE - ANXIETY – UNEMPLOYMENT – SAFE SEX – APPFARING IN COURT – SELF HARMING – FFFLING LONFLY – BFING A PARENT - RACISM - CONTROLLING YOUR ANGER – MENTAL HEALTH ISSUES - RESTORATIVE JUSTICE - COMING OUT – PEER PRESSURE – GAMBLING - DOMESTIC VIOLENCE - UNPLANNED PREGNANCY – BULLYING – ABUSE – YOUTH CONFERENCING – SADNESS - MEETING OTHER YOUNG PEOPLE -HEALTH É FITNESS – YOUR RIGHTS – SEXUAL HEALTH – READING É WRITING - DISABILITY ... AND ANYTHING ELSE YOU COULD USE SOME HELP WITH

Making contact with the project For Further information please contact:

Linked-In Project Manager Wyndhurst Knockbracken Healthcare Park Saintfield Road Belfast, BT8 8BH

Tel: 028 9040 2323 E-mail: jonathan.hodge@mindwisenv.org

LINKED



THE LINKED-IN PROJECT

- SUPPORTING YOUNG PEOPLE LEAVING POLICE CUSTODY
- EMPOWERING YOUNG PEOPLE







WHAT WE DO

- We use an early intervention approach to support young people when leaving police custody with the aim of:
- Reducing the risk of re-offending;
- Assisting the young person to meet the requirements set by the juvenile / criminal justice system;
- Addressing risk factors and stressors for reoffending including mental health issues;
- Linking the young person in to existing services;
- Acting as a single point of contact between the young person and the wide range of agencies and services that are or should be involved in supporting them;
- Building the young person's capacity for effective help-seeking behaviour in future.

MindWise Registered Office, Wyndhurst, Knockbracken Healthcare Park, Saintfield Road, Belfast BT8 8BH

Registered Company Number: NI071976 Charity Reference Number XT14999

Who we support:

We provide individually tailored support, advocacy, befriending service and signposting for a period up to six months to young people and young adults (aged 13 – 20) who have been in contact with the police.

Referrals will be received from:

- MindWise's Northern Ireland Appropriate Adult Scheme which supported the young person during any police interview;
- PSNI Community Police Officers, Youth Diversion Officers or Custody Sergeants;
- Any other professionals working with young people at risk of offending (by prior agreement with MindWise);
- Young people themselves who have been arrested.

Big Lottery Funded

Funding for a pilot project has been provided through Big Lottery's Empowering Young People Programme to employ three Linked-In Officers to work in Belfast, Antrim, Derry/ Londonderry

Areas of Support and Linking–In:

- Requirements set by the juvenile / criminal justice system;
- Previously diagnosed mental health ξ wellbeing issues and conditions;
- Screening for undiagnosed mental health conditions;
- Previous major life events;
- Learning disabilities, learning difficulties, and speech, language \$ communication difficulties;
- Alcohol & drug misuse and other selfharming behaviour;
- Other current risk-factors and stressors for re-offending behaviour and mental health problems;
- Education, training and employment;
- Life-skills training and Family & Community Bridge Building.