

Mind
wise

A NEW VISION
FOR MENTAL HEALTH

MindWise
Annual Report
2009-2010



Chair of Board's Report



Mind Wise New Vision (operating as MindWise) took over the undertakings of the Northern Ireland region of Rethink on 1st April 2009. This followed the registration of the new company limited by guarantee on 10th March 2009. The initiative was taken after lengthy consideration by the Northern Ireland Committee of Rethink and consultation with local members, staff and other key internal and external stakeholders. It took place in the context of local political devolution and the Bamford Review of Mental Health Services, which was unique to Northern Ireland.

The decision followed what had already happened in Scotland and Wales where those regions had demerged from NSF / Rethink to form NSF Scotland and Hafal respectively.

All the local staff transferred to the new organisation, which took on full responsibility for resources, services, contracts, membership and so forth from 1st April. MindWise was now the employer of 89 staff operating services throughout Northern Ireland for people affected directly or indirectly by mental ill health.

The proper governance and management of such an organisation was clearly going to be crucial. Two of the founding trustees of MindWise had already gained governance experience as Trustees with NSF / Rethink, while another five had exercised responsibility as NI Regional Committee members. We believed that we could recruit new trustees to fill the key gaps we had identified in our governance expertise and experience and we were convinced that we had an excellent management group which could meet the challenge of making our new charity a key local player in mental health. We also had an opportunity to work in collaboration with our

former colleagues in other parts of the UK and with Shine in the Republic of Ireland, to influence the wider mental health agenda.

By the end of our first year we had a first rate group of ten trustees with a balance of experience in business, the law, social enterprise, psychiatry, finance, human resources, fundraising, social housing and governance. A number of trustees have personal or family experience of mental health issues, three use MindWise services and two are carers. Each Trustee has an opportunity throughout the last year to link up with key managers so that

their expertise and experience is directly available to the charity's staff.

I want to thank my fellow trustees for their contribution to the deliberations of our Board and for their support to me as chair during our first critical year of operation. I also pay tribute to the enthusiasm, initiative and professionalism of Bill Halliday and the staff, who have delivered excellent results for MindWise's first year of operation, and without whom our mission would remain only a dream.

**Seamus Mullan,
Chair of Board of Trustees**

Appointed 1.4.2009

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MindWise Board Members



Ms Aisling Johnston
- Vice Chair
Appointed 1.4.2009



Ms Eileen Largan
- Founder Trustee
Appointed 1.4.2009



Mr Tom Beare, MBE
- Founder Trustee
Appointed 1.4.2009



Dr Fred Browne
Co-opted 8.10.2009



Master Hilary Wells
- Founder Trustee
Appointed 1.4.2009



Mr Peter Harvey
Co-opted 8.10.2009



Mr Bill Ellison
- Founder Trustee
Appointed 1.4.2009



Ms Pearl Shum
Co-opted 10.12.2009



Mr Trevor Hinds
Co-opted 4.2.2010

Chief Executive's Report



April 1st 2010 saw the first birthday for MindWise as an independent mental health charity, and the first anniversary of our demerger from Rethink. From my perspective as Chief Executive there have been many, many successes that we have enjoyed during our first year all of which clearly evidence the positive benefits associated to our seeking independence. Below are some of the highlights of the year.

Within our first twelve months of de-merging we secured the Investors in People award, we were reaccredited as an Investor in Volunteers and we also received an Employer of Choice award.

Financially we have performed well as services have delivered high quality care which has enabled us to maintain existing contracts and increase services in some areas.

We also secured the Northern Ireland Appropriate Adult Scheme (NIAAS) contract which enables us to deliver support to children and vulnerable adults whilst they are in Police custody.

During the year we also managed to secure additional funding from the Big Lottery for the Open Your Mind programme which we run in partnership with NUS-USI, thus enabling the programme to reach out further to raise awareness of mental illness among third level students.

As we have grown, our staff numbers have increased from 89 to 100.

We are a membership charity, 151 former Rethink members transferred their membership over to MindWise when we de-merged on 1st April 2009, this has now increased to 289 members (more new members are always welcomed).

As an independent charity, now more than ever we rely on the generosity and support of the public to help fund our services through their support of appeals and fundraising efforts. It has been heartening to see new charity partners and many new donors come on board during the past twelve months.

As always, we continue to campaign and lobby to raise awareness of mental illness and to challenge the prejudice that often surrounds it. Our tour of the play 'Life Goes On?' in October 2009 and our Rethink Politics event in Parliament Buildings in December 2009 evidence an ongoing commitment to positively influencing public attitudes on mental illness.

As we have grown, our staff numbers have increased from 89 to 100.

More recently we have secured funding from BBC Children in Need to introduce the new staff post of Challenge Youth Manager which will allow us to develop new services and support for children and young people affected by mental illness.

Finally, as we completed our first 12 months our profile and support base has never been higher. The new identity and

the associated butterfly motif which originated from within our services has been warmly received by all and in my opinion perfectly represents our desire to positively transform the lives of those affected by severe mental illness and mental health difficulties.

I am very aware that this positive story would not have been achieved without the dedicated group of board members, staff and band of volunteers we are so fortunate to have. I would like to pay special tribute to our Chairman, Seamus Mullan, and our dedicated Board of Trustees who have brought much skill and expertise to our new organisation.

This has been their success and they can be rightly proud of it. There are so many people that helped make the change happen I cannot possibly mention them all here, but to all of you I express my gratitude.

I have never worked with such a dedicated and committed group of people before and feel very privileged to be the Chief Executive of MindWise.

Bill Halliday, Chief Executive

Becoming MindWise

The transition to become MindWise started long before 1st April 2009. The official announcement of the move to become an independent charity was made at our Annual Members Meeting in Belfast on 28th November 2008. At the event we also launched a consultation into what the identity for the new charity should be.

We were particularly keen that the new identity should stem from within the organisation. A working group was set up to lead on the re-branding process which included representation of staff and those that access services.

The initial stage of rebranding was to select a new name, over 150 name suggestions were put forward by staff, members and those that use our services. The rebranding working group shortlisted these down to 4 possible options which went out to the 'vote' within services in early 2009.

McCadden, the agency commissioned to help us develop our new identity, held a series of focus group sessions with stakeholders in early 2009, to look at other important aspects of our new identity. It was whilst visiting a service for one of these sessions that the designer spotted a painting of butterflies which had been done by a former volunteer within our Annsagate Resource Community Centre. This painting became the inspiration for our Butterfly motif which we believe perfectly symbolises our ethos of recovery and transformation.



The final piece in the development of the new identity was to come up with a slogan that would encapsulate the support we provide. Again we called on those within our services to put forward a suggestion, and the final choice of 'A new vision for mental health' was put forward by an individual who uses our services. It was universally accepted by all as the perfect compliment to our new name.

We officially launched as MindWise on the 1st of April 2009 and throughout April, May and June we held a series of events throughout our services to raise awareness locally of our new status and identity.

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The Official Reception to Launch MindWise

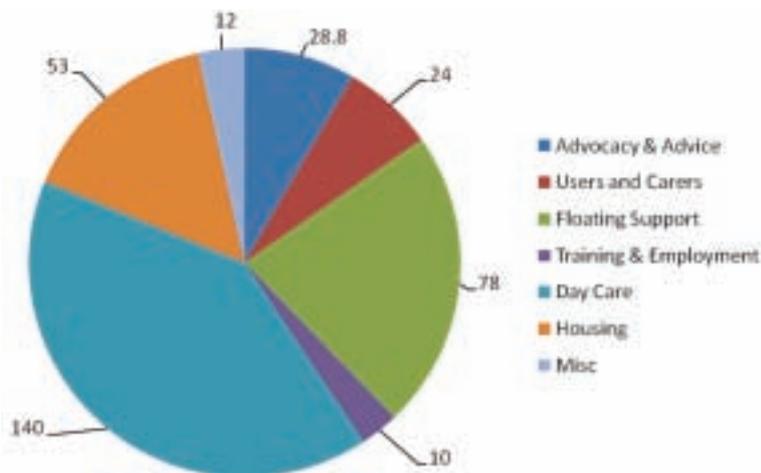
On the 29th of September 2009, we held a reception at Hillsborough Castle to officially launch our new charity (our thanks goes to the Northern Ireland Office for kindly giving us use of the Castle for the event).

Nearly two hundred people came along to help us celebrate including media personalities, civic dignitaries, representatives of various political parties, local business people and of course MindWise staff, members and those that access our services.



MindWise Services

In 2009 – 2010 we have continued to develop and deliver modern innovative 21st century care and support services. On average 346 people per day come through our doors and the demand is growing. Opposite is a chart showing the average daily breakdown of usage across MindWise Service areas.



Our range of community services are at the leading edge of inspiring the development of recovery orientated services for people affected by severe mental illness and mental health difficulties by providing care and support that prevents a crisis and reduces risks, while optimising integration through social and economic skills development and engagement.

We believe that one approach will not fit all. There is no one right model for community services, rather a set of principles and elements to be incorporated - the need to hold the person at the centre is key to success. With the right care and support people with mental ill health and complex needs can maintain their tenancies, improve their quality of life and reduce social isolation to become active citizens in their communities and society as a whole.

MindWise's Community Resource Centres:-

Ansgate Resource Centre
Belfast 028 9024 8006

Ballyclare Resource Centre
Ballyclare 028 9334 1714

Banbridge Resource Centre
Banbridge 028 4066 9402

Downpatrick Resource Centre
Downpatrick 028 4461 7964

Lurgan Resource Centre

Lurgan 028 3832 9492

Newry Resource Centre

Newry 028 3026 1093

Portadown Resource Centre

Portadown 028 3833 4434

MindWise's Community Resource Services:-

Active 8 Volunteer Programme

Belfast 028 9031 5060

Banbridge Charity Shop

Banbridge 028 4066 9402

Carers Services

Ballyclare 028 9334 9187

Community Bridge Builder

Ballycastle 028 2076 8786

Floating/Community Support Services

Ballyclare 028 9335 4790

Insight Self-Management Programme

Belfast 028 9024 8006

Involve Volunteer Programme

Belfast 028 9031 5060

New Style Furniture

Magherafelt 028 7963 4834

MindWise's Housing Services:-

Abbeyside

Antrim 028 9446 0873

Carrickfergus

C/fergus 028 9332 9575

Fortwilliam

Belfast 028 9077 2983

Millmount

Banbridge 028 4066 9402

Skegoneill

Belfast 028 9078 1126

The Forge

Kilkeel 028 4176 5150

MindWise's Advocacy Services:-

Downpatrick Advocacy

Downpatrick 028 4461 7964

SE Trust Advocacy

Lisburn 028 9266 5141
(ext. 2289)

Newtownards Advocacy

Newtownards 028 9151 0127

Shannon Clinic Advocacy

Belfast 028 9091 6841

Northern Ireland Appropriate Adult Scheme:-

NIAAS

Belfast 028 9040 2323

Debt Action NI Services:

Down Area

Downpatrick 028 4461 6525

Kilkeel Area

07578 497922

Newry Area

Newry 028 3082 5250

Developing Our Workforce

Investors in People

Following the demerger, MindWise was committed to being accredited in its own right as an Investors in People. We achieved this 6 weeks after the demerger, which is quite an achievement considering some organisations take many years to get there. Seamus Mullan (Chair, MindWise Board of Trustees) and Julie Hill (Director of Workforce Development) collected the award at Hillsborough Castle on 25th November 2009 from Sir Reg Empey.



INVESTOR IN PEOPLE

Employer of Choice

Three years ago Rethink NI achieved the Employer of Choice award. MindWise has just successfully achieved reaccreditation. This reaccreditation focused on Equality and Diversity and MindWise was able to demonstrate good practice that resulted in us being placed second out of seven other organisations.



Head First at Work

The Head First at Work resource has been developed with the Health and Wellbeing team in the Southern Health and Social Care Trust. It is a resource that was piloted along with a mental health and the workplace training course with a variety of businesses in the Southern Trust area. NIACCO material handlings (which is featured in the photograph below) was one of the pilot companies. The toolkit and training is aimed at giving staff and line managers the skills to support individuals in the workplace that may be experiencing mental health difficulties and to reduce the discrimination that individuals may experience. It also looks at how staff can promote their own mental wellbeing.

Be Safe – Stay Safe

MindWise is one of the partners involved in the Be Safe Stay Safe project (which is financed by the Big Lottery Fund) which is led by Leonard Cheshire Disability. It aims to tackle barriers to social inclusion of disabled people affected by fear of crime and anti-social behaviour.

The partnership is made up of Leonard Cheshire Disability, MindWise, Mencap, Police Service of Northern Ireland, the Northern Ireland Office, Community Safety Unit and Institute for Conflict Research.

External Training

MindWise has developed and delivered the following training to a variety of public, private and third sector organisations:

- **Introduction to Recovery**
- **Mental Health Awareness**
- **Mental Health and the Workplace**

The training aims to ensure that people have the information they need to support themselves and others who may experience mental health difficulties and promotes early intervention.



Volunteering Within MindWise

MindWise currently operates two volunteer programmes, Active 8 and Involve. Both programmes particularly welcome on board individuals who have been affected by severe mental illness and mental health difficulties, however both programmes are open to anyone who would like to participate.

New volunteers are always needed and welcomed, if you have a skill or talent which could help add value to our services, or if you are affected by mental illness and would like support to take up some form of volunteering role, either within MindWise or with another organisation, please do consider joining one of our programmes. Volunteering is a great way to meet new people and develop your own skills and confidence whilst making a real difference to the lives of those living locally affected by mental illness.

MindWise Volunteer Awards 2009

We held our first ever Annual Volunteer Awards ceremony on 1st June 2009 at Grosvenor House, Belfast. The evening was our way of thanking all of our volunteers for their efforts and their support for the work we do.

The night proved to be a fantastic success which was thoroughly enjoyed by all who attended including our volunteers, members of the MindWise Board of Trustees, staff members and also representatives from some of our volunteering partners and the funders of our two volunteer programmes.

Every volunteer was acknowledged on the night and four volunteers also received a special accolade in the form of a 'Volunteer of the Year' award, to acknowledge what was seen by the independent judging panel as an outstanding effort in a volunteering capacity.

Investing in Volunteers Standard

Investing in Volunteers is the UK quality standard for all organisations who involve volunteers in their work. We held this award from 2006 – 2009 in Northern Ireland when we were a part of Rethink. We are delighted to say that in January 2010 we were awarded the standard again. MindWise is only one of a handful of local organisations to hold this standard in Northern Ireland and it is a mark which shows our commitment to promoting and supporting volunteering throughout our organisation.

Active 8 Volunteer Programme

Active 8 is a five year volunteer programme financed by the Big Lottery Fund's Reaching Communities programme. Volunteers can take part in one or more of the eight elements of the programme which are; self management, carer recovery, life skills, volunteering within MindWise, external volunteering, group facilitation, committee representation and media volunteering.

Throughout the past year the programme has seen many new developments including

the introduction of befriending and drama group member volunteering roles, and there are now six external partners for volunteer placements on the programme; Diabetes UK, Leonard Cheshire, Extern Recycle, Oasis Café, Holywell Hospital, USPCA and the Downtown Centre.

Involve Volunteer Programme

Involve is a three year programme financed by the Department of Education and facilitated by Volunteer Now, with MindWise being an approved delivery partner for the Millennium Volunteer programme. Involve is aimed at young people aged between 16 and 24 and participants can sign up to become either a Peer Mentor Volunteer or a Peer Media Volunteer. Training is provided and young people are fully supported to take the skills they have learnt back into their own local community settings to help raise awareness among their peers of mental illness and to help signpost anyone who might be at risk of, or experiencing symptoms of mental illness towards appropriate sources of help and support.



Campaigning & Lobbying Activities

As well as providing direct support and services to those affected by severe mental illness and mental health difficulties, MindWise retains a dedicated Public Affairs function which campaigns and lobbies to raise awareness of mental illness and to challenge the stigma and prejudice which often surrounds the issue.



Open Your Mind

Open Your Mind is a five-year peer-led mental health project, funded by the Big Lottery Fund's Change UR Future programme. It is managed by NUS-USI and MindWise and aims to promote awareness of mental health issues amongst students aged 16-25 across Northern Ireland, reduce the risk factors related to mental illness through awareness-raising and overcome the stigma and discrimination associated with mental illness.

In 2009, the project managed to secure additional funding from the Big Lottery to extend the programme. This new funding has facilitated the creation of a new staff post, Training and Development Advisor, which will increase the capacity and impact of the programme.

A final report into the project was officially launched in Northern Ireland on the 4th December 2009 in the Long Gallery, Parliament Buildings, Stormont, at an event jointly hosted by Jim Wells MLA, Carmel Hanna MLA and John McCallister MLA.

Engaging with Local Politicians

Throughout the past 12 months, MindWise has continued to engage with our locally elected political representatives on an ongoing basis, to help promote mental illness as a key social issue which should be seen as a priority by all parties and to facilitate those who have been affected by mental illness engaging with local politicians to put across their views to those in positions of authority or power. Representatives from all the main local parties have taken the time to visit MindWise services and we have made many trips to Parliament Buildings, Stormont to raise the profile of mental illness with 'the folks on the hill'.

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Life Goes On?

In 2009, MindWise secured a grant from the Big Lottery Fund for Northern Ireland to commission the development on an original one act stage play about mental illness. We brought on board local writer and director, Patricia Downey from the Spanner in the Works Theatre company to develop on our behalf a hard-hitting piece of social drama that would show the realities faced by those living with mental illness today.

The play was performed free at five venues across Northern Ireland in early October 2009, (Belfast, Ballyclare, Newry, Downpatrick and Portadown) and feedback on it was phenomenal. Since then we have been working to secure

funding to take this production 'on the road' again so many more people can see it.

Rethink Politics

Rethink Politics was a three year project funded by the Electoral Commission aimed at raising awareness, creating understanding and encouraging participation in politics by people who currently experience or have experienced mental illness.

Locally the programme has included politics workshops, politics coffee mornings (within MindWise services) a politics convention and numerous trips to Parliament Buildings, Stormont.

Improving MindWise Services

This year has brought many changes within MindWise services as we continually strive to improve and develop the level of support we give to those affected by severe mental illness and mental health difficulties.

Health & Safety

Throughout the past twelve months all MindWise service locations (18 in total) were audited and 17 of those achieved a 'Green' status with 1 achieving 'Amber.' These results reflect the high levels of risk management which exist within the organisation as a whole. Additionally we have introduced an updated annual risk assessment and analysis process

Staff training has progressed with many courses being delivered, these included; CIEH accredited Health & Safety Level II, Risk Assessment, Manual Handling, COSHH, Fire Awareness and Fire Marshall. In addition to this we have applied to the Chartered Institute of Environmental Health to become an accredited centre in our own right.

Internal Quality Assurance

Throughout the year 26 MindWise services were audited. Of those, 25 achieved 'Green' status with 1 achieving 'Amber.' We are currently working to develop and introduce a new and updated internal quality auditing process to further imbed quality service delivery across all services.

External Quality and Regulation

All our Housing and Day Care setting services have successfully completed their registration with the Regulation & Quality Improvement Agency (RQIA). Housing services have also performed very well in their RQIA annual inspections. In addition our Supporting People services have performed well in their individual service inspections.

Gathering Personal Stories

Hearing and responding to the 'voice' of those that access our services and carers is a very important component in the development of our service delivery. To that end we have sought to hear about the experiences of a number of our service users to find out what matters most to them.

Already we have gathered many personal reflections which will prove invaluable in helping us to improve service delivery models.

We will be using this framework for the future and will also develop it to become a part of the newly developed outcomes framework which will be rolled out across all housing and day care services in the year ahead. In addition this work is also part of the 'Think Child, think Parent, think Family' Project in Northern Ireland.

The 'Voice' of Those That Access Our Services

It took many years to get my Meds right for me. There were many painful and embarrassing side effects. I had no control over this.

My hope is to live my life day by day – with my network of friends and support staff at MindWise – when I am down they lift me up again.

My children have been in care/foster homes throughout my illness – I try to block this out – I always think of them.

I did not want my children with me – I want to protect them from this illness of mine.

Fundraising News

As an independent charity, now more than ever before MindWise relies on the generosity and support of local people and companies to help raise money to fund our existing services and develop new ones.

We are very pleased to say that throughout the past twelve months local people have been fantastic in their fundraising efforts on our behalf.

Fundraising Activities 2009/10

So many generous people have kindly either taken part in or organised fundraising activities to help raise funds for MindWise.

Throughout the year people have taken part in a wide range of events including; The Belfast City Marathon, Tractor Shows, Golf Competitions, Nights at the Races, and many, many more.

We are truly grateful to all those people who have made the effort to help us and we would like to take this opportunity to express our profound thanks to you all. Hopefully you will continue to show your support in this way during 2010/11 and many others will join with you.

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Charity Partners

Throughout 2009, MindWise secured three new charity partners all of whom have pledged to engage in a variety of initiatives and activities to help raise money and also awareness. These partners include:

Newtownabbey Borough Council

Marks & Spencer Simply Food (Ballyhackamore)

Traction Engine Club of Ulster Ltd

Corporate Donors 2009/10

Below is a list of Corporate Donors (including Schools, Community Groups and Associations, Charitable Trusts and Grant-Making Bodies) to MindWise 2009/10. If by accident we have omitted to list your organisation, please accept our apologies as we truly value all those that support us:

Advice NI
Ashton Community Trust
Banbridge Academy
BBC Children in Need
Belfast International Airport Ltd
Big Lottery Fund (Northern Ireland)
Castlereagh Borough Council
CSWAN
Diageo NI
East Belfast Rotary Club
John White Memorial Girls Brigade
Limavady Probus Club
Lindsay Cars Ltd
Lord & Lady Lurgan Trust
Magherafelt District Council
Mivan Ltd
MVA Consulting
Newcastle Probus Club
NIE Charities Committee
South Antrim Rural Network
South West Down Bands Association
St. John's Badminton Club
Wellnet



Individual Donors 2009/10

MindWise makes a point of not publicly naming individuals who make donations to help support our work in order to respect the privacy of those individuals.

So we would like to take this opportunity to thank you all (you know who you are) for your generosity. It really does mean a great deal to us and those we support.



New Service Developments

This has been an exciting year for us during which we have successfully delivered against our organisational growth and development targets. Our four year business plan (2008 – 2012) sets the scene for MindWise to scope the feasibility of entering into child and adolescent, criminal justice and elderly markets, we have made significant strides in achieving these in 2009 - 10.

Community Bridge Building

MindWise developed and delivered two Community Bridge Builder projects in Northern Ireland, with the support of the Northern Health & Social Care Trust (NHSCT). These are the first projects of their kind in Northern Ireland and they support clients by facilitating and developing links with local colleges, employers, voluntary

organisations, training services, community facilities for sport and art, local faith and spiritual organisations, health professionals and cultural communities. Over 300 people with severe mental illness or mental health difficulties have been supported throughout the year, resulting in enhanced personal confidence, independence and increased skills for training, education and work.

Children's and Young People's Services

One of our most exciting developments during the year was the roll out of our Children's and Young People's Strategic Intent, 2009 – 2012. We have engaged the support of a range of partners to achieve the long term vision of supporting young people aged 13 – 24 and have successfully secured funding from Children in Need to develop this work further over the next three years. 1 in 5 young people will experience a mental health difficulty at any one time and MindWise have a significant role to play in meeting this clearly identified need.

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Northern Ireland Appropriate Adult Scheme

We successfully secured funding from the Northern Ireland Office to deliver the Northern Ireland Appropriate Adult Scheme (NIAAS). This is the first Scheme of its kind in Northern Ireland and the UK, where one provider is responsible for delivering an Appropriate Adult Scheme throughout one jurisdiction. Since June, 2009, we have supported over 1000 young people (under the age of 18) and vulnerable adults while detained in police custody. The implementation of the Scheme would not have been successful without the invaluable support and joined up approach to working between the Police Service of Northern Ireland, Social Services, MindWise and of course the Northern Ireland Office as the commissioning body.



Partner Services

Our 'perfect partner' initiatives, locally, regionally and nationally have resulted in key new developments to include debt and money advice services being delivered throughout Northern Ireland via a consortia with Advice NI, a mental health and deafness partnership with RNID, and a five year 'Health in Mind' programme being rolled out in consortia with Libraries NI.

Financial Statements

Statement of Financial Activities

for the year ended 31 March 2010

	General £ Designated Funds	Endowment £ Restricted Funds	2010 Total £
INCOMING RESOURCES	£	£	£
Incoming Resources from Generated Funds			
Voluntary Income	165,554	—	165,554
Activities for Generating Funds	28,900	—	28,900
Investment Income	315	—	315
	194,769	—	194,769
Incoming Resources from Charitable Activities	2,760,128	167,105	2,927,233
Total Incoming Resources	2,954,897	167,105	3,122,002
RESOURCES EXPENDED			
Cost of Generating Funds			
Cost of generating funds	30,363	—	30,363
Charitable Activities to improve lives	2,767,257	189,452	2,956,709
Governance Costs	30,363	—	30,363
Total Resources Expended	2,827,983	189,452	3,017,435
Net Incoming / (Outgoing) Resources for the Year	126,914	(22,347)	104,567
Transfers between funds	—	—	—
Net movement in funds after transfers	126,914	(22,347)	104,567
Fund Balances introduced on incorporation	299,230	80,461	379,691
Fund Balances Carried Forward	426,144	58,114	484,258

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All income derives from continuing activities, therefore no statement of recognised gains or losses is given.

Financial Statements

Balance Sheet

as at 31 March 2010

2010
£

Fixed assets

Tangible Assets

260,018

Current assets

Debtors

78,151

Cash at bank & in hand

284,766

362,917

Creditors: amounts falling due within one year

(124,821)

Net Current Assets

238,096

Total assets less current liabilities

498,114

Creditors: amounts falling after more than one year

(13,856)

Net Assets

484,258

Funds

General Funds

426,144

Designated Funds

—

Restricted Funds

58,114

484,258

The financial statements were approved by the Board and signed on its behalf:



Mr Seamus Mullan
Chairman

Date: 19/05/2010

Financial Statements

Independent Auditors' Statement to the Trustees of Mind Wise New Vision

We have examined the summarised financial statement set out here which are non-statutory accounts prepared for the purpose of inclusion in Mind Wise New Vision's Annual Review.

This statement is made, on terms that have been agreed with Mind Wise New Vision, solely to Mind Wise New Vision's trustees, as a body, in order to meet the requirements of Accounting and Reporting by Charities: Statement of Recommended Practice (revised 2005). Our work has been undertaken so that we might state to the charity those matters we have agreed to state to it in such a statement and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than Mind Wise New Vision and the charity's trustees as a body for our work, for this statement, or for the opinions we have formed.

Respective responsibilities of Trustees and Auditors

The Trustees have accepted responsibility for the preparation of the summarised financial statements.

Our responsibility is to report to the Trustees our opinion on the consistency of the summarised financial statements with the statutory Trustees Report and full financial statements on which we have reported on 19 May 2010.

We also read the other information contained within the annual report and consider the implications for the report if we become aware of an apparent misstatements or material inconsistencies with the summarised financial statements..

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Basis of audit opinion

We conducted our work having regard to Bulletin 2008/3, the auditor's statement on the summary financial statement in the United Kingdom issued by the Auditing Practices Board. Our separate report on the charity's statutory Annual Report and Accounts for the year ended 31 March 2010 describes the basis of our statutory audit opinion on those Accounts.

Opinion

In our opinion, the summarised financial statements set out are consistent with the statutory Trustees Report and full financial statements for the year ended 31 March 2010.

J L Grant

JL Grant (Senior Statutory Auditor) Date: 19/05/2010

For and on behalf of
JL Grant & Co. Statutory Auditors
Unit 1, Building 10, Central Park, Mallusk Road, Newtownabbey, BT36 4FS

Support MindWise

As a charity, MindWise depends on the support we receive from individuals and groups to help us maintain our existing services and to develop new ones. Supporters also play a key role in helping us to lobby and campaign to raise awareness of mental illness, and to challenge the stigma and discrimination that often surrounds it.

Why not join with many others who show their support for our work and the issue of mental illness.

Become a Member of MindWise

MindWise is a membership charity, our members play an essential role in helping us to raise awareness of mental illness by lending their 'voice' to our lobbying and campaigning activities. Anyone who wishes to join us as a member is welcome to do so.

When you sign up as a member you will receive a free MindWise supporter badge and our quarterly supporter magazine.

We have varying levels of membership fees, however we never wish affordability to stop anyone from joining so just give what you can.

To find out more about becoming a member of MindWise, please contact MindWise Head Office by telephoning 028 9040 2323 or you can email info@mindwisenv.org to request an application form. Alternatively, please visit the membership section of the MindWise website (www.mindwisenv.org) to download an application form.

(www.mindwisenv.org) or you can telephone the Volunteer Services Department on 028 9051 5060.

Donate to MindWise

As a charity, MindWise relies on the generosity of individuals, groups and businesses who donate monies to help fund our services.

If you would like to make a donation to support the work of MindWise, please send your cheque (made payable to MindWise) to:

**MindWise Head Office,
Wyndhurst, Knockbracken
Healthcare Park, Saintfield
Road, Belfast. BT8 8BH**

You can also make an online donation using a credit or debit card by going to the MindWise website (www.mindwisenv.org) and clicking on the Donate Now button.

Alternatively why not organise an event or activity or take part in a third-party organised activity (such as a Marathon or Trek) to raise money. If you are planning to hold or take part in an event, contact MindWise Head Office by telephoning 028 9040 2323 or email info@mindwisenv.org and we will offer you help and advice to make your fundraising activity a success.

Volunteer with MindWise

Volunteers make a huge contribution to the work of MindWise and we could not deliver the high quality of support we provide within our services nor could we engage in as many awareness raising or educational activities, without their invaluable support.

Our two volunteer programmes, Active 8 and Involve particularly welcome on board those who wish to take up a volunteering role that have been affected by mental illness. However, the programmes are open to anyone regardless of experience or background who can spare some time to help.

To find out more about volunteering with MindWise and the range of opportunities and roles available, please visit the volunteering section of the MindWise website



Transforming lives and developing new
visions for mental health by challenging
stigma and discrimination, and
providing quality services and support.

MindWise
Head Office
Wyndhurst
Knockbracken Healthcare Park
Saintfield Road
Belfast
BT8 8BH

Phone 028 9040 2323

For further information on MindWise
Email info@mindwisenv.org
www.mindwisenv.org



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